

ACUPUNCTURE



FENG LIANG, Lic.Ac.

- MD in China
- NYS Lic. Acupuncturist
- Board Certified in Chinese Herbology & Acupuncture
- Graduated from Beijing College of Traditional Chinese Medicine with over 24 years of experience including 5 years physician position in Beijing Hospital of Traditional Chinese Medicine

ACUPUNCTURE & HERB CLINIC

STRENGTHEN IMMUNE SYSTEM TO FIGHT CANCER

- Relieve Stress
 - Anxiety
 - Uterine Fibroid
 - PMS
 - Colitis
 - Chronic Yeast Infection
 - Depression
 - Insomnia
 - Ovarian Cyst
 - Menopause
 - Irritable Colon
 - Headaches
 - Sinusitis
 - Infertility
 - Constipation
 - Endometriosis
- Provider for Empire Blue Cross Blue Shield, Oxford, Cigna, Unicare, Health Net, No Fault. Many other insurance plans are accepted. Aetna, United Healthcare, Guardian.

CONTROL HYPERTENSION AND HYPER/HYPOTHYROIDISM WITHOUT MEDICATION

- Fatigue
 - Impotence
 - Hepatitis
 - Diabetes
 - Edema
 - Hair Loss
 - Acne
 - Eczema
 - Psoriasis
 - TMJ
 - Vertigo
 - Tinnitus
 - Lupus
 - Prostatitis
 - Sciatica
 - Neck & Back Pain
 - Rheumatoid Arthritis
 - Allergy
 - Asthma
 - Bell's Palsy
 - Weight Control
 - Tennis Elbow
 - Genital Herpes
 - Carpel Tunnel Syndrome
 - Hyper/Hypothyroidism
 - Quit Smoking & Alcohol
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Dr. Decheng Chen
 L.Ac. Ph.D. (MD China)

www.go2acupuncture.com

ACUPUNCTURE & CHINESE HERBS

- Licensed Acupuncturist & Herbal Expert
 - 20 years of experience
 - Professor of New York College of Health Professions
 - Published 11 Acupuncture books
- Pain management:** Migraine, headache, arthritis, pain of neck, shoulder, arm, upper and lower back, sciatica, leg
- Internal Diseases:** Allergy, asthma, fatigue, fibromyalgia, IBS, diabetes, obesity, depression, insomnia, gastritis, TMJ, tinnitus, prostatitis, impotence, constipation, strengthening immunity in cancer patients, quit smoking
- Female issues:** PMS, irregular menstruation-

menopause, infertility, IVF/ IUI support treatment, uterine fibroids, ovarian cysts

Beauty Rejuvenation: Removal of wrinkles, acne, warts, yellow spots, skin rash, vitiligo, hair loss, weight control.

The First Consultation Includes:

- Examination according to Chinese & Western Medicine
- Analysis of your body imbalances according to Chinese and Western Medicine
- Treatment plan based on Acupuncture & Chinese herbs
- Suggestion for diet, exercise and stress reduction (Certain insurance are accepted, including Oxford, Medicare)

ASTROLOGY



Armand Diaz, MA Integral Astrology

*Ten Planets...
 Twelve Houses...
 One Life*

I am a certified Consulting Astrologer, working from the perspective of integral development. This is not astrology as "fortune telling" but a way to deepen your understanding and enrich your life. The birth chart is an energetic blueprint that manifests your spiritual potential at the levels of body, mind, heart and soul in an ever-changing mandala.

Learn to:

- See the deeper meaning of stressful times
- Understand current challenges in light of ongoing patterns
- Bolster your strengths and develop your weak areas

- See your personal microcosmic process within the context of our collective evolutionary transformation
 - Manifest your energetic potential at the highest possible level
 - Identify and heal karmic relationships
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- Herbal Remedies
- Massage Therapy

Rachel Mann is a Certified Colon Hydro-Therapist from The American Colon Therapy Association (A.C.T.A.). She has been treating individuals with colon cleansing for over 12 years. She comes with a wealth of experience as well as a clear understanding of all of her clients' needs so that they can experience a gentle and complete cleansing process.

Colon Irrigation is a very safe procedure. We use only filtered water and disposable materials, in a very clean environment. Colon cleansing removes debris from the system and alleviates

constipation, acne, rashes, allergies, worms and parasites, so a sense of well-being can be achieved. Weight loss is also accomplished with the removal of old waste from the colon. We also work with herbs: Wheat Grass, Acidophilus, Oxygen, garlic and Aloe Vera. We also work with candida-yeast infections, nail fungus, gas, bloating, skin problems and depression.

The most modern cleansing equipment for sterilization (Digital Auto Claves) and special cleansing solutions are used to completely sterilize all areas. We also provide disposable instruments.

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apy. This will assist in a prominent release of backed up toxins laying dormant in your colon.

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**Intestinal Cleansing
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JoAnne Greylen Asher, Director

Colonic Irrigation at its finest; disposable accessories, triple-filtered hyperactive oxygenated water; Kiva process, a new method that biologically cleans for greater detoxification and purified through ultraviolet sterilization.

Intestinal cleansing may eliminate years of accumulated toxic wastes and stop the unnecessary recycling of poisons that build up in the large intestine. Diluting toxic load may reduce stress on the liver, allowing greater functioning of the eliminating organs. The quality of water used is particularly important in this process.

It is Kiva processed to become soft and carries balanced electrolytes in conjunction with negative ions. The PH is balanced into a more natural state.

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- Cellulite Reduction
- Candida Diet
- Lymphatic Drainage
- Parasite Cleansing
- State of the Art Hyperactive
- Ear Candling
- Gluten Intolerance
- Oxygenated Steam Sauna

The use of a sauna should be part of any detoxification program. The sauna increases the eliminative, detoxifying and cleansing capacity of the skin by stimu-

lation of the sweat glands and also promotes healthy skin tone and texture due to increased blood circulation.

- Relaxes and Loosens Muscles, and Oxidizes Toxins
- Stimulates Vasodilatation of Peripheral Blood Vessels
- Eliminates Bacterial and Viral Infections of All Kinds
- Speeds Up The Metabolic Processes of the Inner Organs and Endocrine Glands resulting in a loss of 200-450 calories in a 20 minute session

JoAnne Greylen Asher combines her twenty eight years of study in colon therapy, homeopathy, Reiki, polarity, herbiology, reflexology and massage, and brings to you a personal and comprehensive approach to well being.

Medical doctor on premises.

If you would like more information about colon therapy please call or e-mail:

JoAnne Greylen Asher, Owner / Director
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When the colon is clean and healthy, we experience a feeling of well-being. When it is congested with stagnant waste, poisons back up into the system and pollute the inner environment. This is called autointoxication - literally, "self-poisoning."

Autointoxication may be a causative factor in numerous serious diseases. This pollution of blood interrupts waste removal at a cellular level.

According to some estimates, about 70 million people in America suffer from some kind of bowel problem: colitis, ileitis, diverticulitis, constipation, and 100,000 each year have a colostomy. Many people who aren't even aware they have a bowel problem are often in the worst condition of all.

When you are not eliminating properly, deposits of waste matter build up along the wall and in the pockets of the colon. This is why even a mild case of constipation is a very serious problem. When you are not eliminating properly, wastes may not leave for days. Material deposits along the colon wall may not leave for months or even years. Incredible as it may sound, these deposits of hardened fecal matter may get to be two or three inches thick and as hard as tire rubber.

These deposits are harmful. They make it difficult for the body to absorb minerals and nutrients through the intestinal walls.

Bowel problems cause nutritional deficiency no mat-

ter how good your diet or how many vitamins you take. The nerve endings in the colon get irritated and can lead to a spastic or inflamed colon.

Many colons today are pinched, prolapsed and over-irritated. Over-the-counter laxatives over-stimulate the tissues of your bowel, weakening the colon even further. And they still don't remove the hardened deposits. The same is true for ordinary enemas which merely wash out the fresh wastes.

By cleansing the colon of impacted and putrefactive fecal matter, colonics may offer relief from a variety of disturbances. Fatigue, gas, headaches, irritability, skin problems, cold hands and feet, and depression are among the symptoms people have found relieved by colon cleansing. Constipation is another. With colonic irrigation, your sense of well-being is often dramatically improved. You feel lighter, more energetic. The body can again take nourishment from food and defend itself against disease.

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Dr. Edward F. Hutton offers the finest dental care in an emotionally supportive environment. In addition to aesthetically superb cosmetic restorations of natural teeth, he is renowned worldwide for the unsurpassed quality of his gold inlays, crowns, and bridges. Dr. Hutton's numerous patients, which include international celebrities, all testify to his outstanding clinical skills and care.

Born in Russia, Dr. Hutton studied art history and art restoration at the University of Moscow, graduating with a PhD. and became an apprentice to the finest art restorer in Russia. He then decided to take up medicine at the prestigious Dnepropetrovsk Medical School and earned a dual MD and DDS degree.

He had begun to establish a name for himself as a specialist in facial plastic surgery when he left Russia and rooted himself anew in New York City, where he obtained his American DDS degree from New York University.

Bringing extraordinary artistic talent into medicine and dentistry, Dr. Hutton has acquired a reputation as the Carl Faberge of dentists. (Faberge was the jeweler to the

Russian court, famous for exquisitely fashioned art objects.) He combines superior cosmetic dentistry skills with a profound understanding of the nature of health.

The Consumer Research Council of America lists Dr. Hutton in its Guide to America's Top Dentists. The British Broadcasting Corporation recommends him to travelers as the best dentist in New York. (The BBC selects only one health-care specialist for each city.)

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Dr. Brand is a dentist for 29 years; she is also a Certified Nutritional Consultant, a Certified Hypnotist, and a Reiki Master Teacher. Her office is affiliated with the Holistic Dental Association, the Institute for Natural Dentistry, the International Academy of Oral Medicine and Toxicology (IAOMT), and DAMS.

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Featured in the New York Times, Oct. 29, 1999 (Metro Section), Article/photo.

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Masters Wu and Shen have participated in a study of qi-gong healing at the New Jersey Hospital in Newark, sponsored by the National Institute of Health, and in an on-going project on the nature of qi-gong at Mt. Sinai Hospital, New York. (Results published.)

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Robin believes the body, mind, and spirit are intimately connected. She taps into a person's energetic field and scans each organ for both physical as well as energetic imbalances. She obtains

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Nahid Hagigat is the author of many meditations and guided visualizations for the improvement of health. She has a Ph.D. in Behavioral Therapy and a Ph.D. in Creative Arts from New York University.

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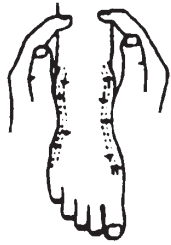
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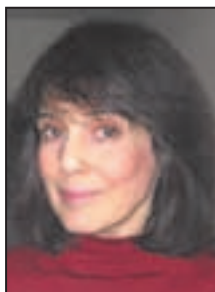
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CALENDAR – Events Around Town

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Bryant Park Chess Monday, July 12, 2010, 11:00 a.m.–7:00 p.m. Located inside the park along 6th Avenue, between 40th and 41st Street. Contact Number (212) 768-4242

Yoga in the Park Sat, July 10, Socrates Sculpture Park, Queens 9:30 a.m.–12:00 p.m.

AUGUST

Bryant Park Tai Chi Fountain Terrace 7:30am – 8:30am Free Classes in the Park. Tai Chi and Eternal Spring are instructed by members of the Tai Chi Chuan Center. Classes are for all ages and experience levels. Classes are rain or shine.

Bryant Park Yoga Tuesday, August 3, 2010 10:00 a.m.–11:00 a.m.

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