

ACUPUNCTURE



FENG LIANG, Lic.Ac.

- MD in China
- NYS Lic. Acupuncturist
- Board Certified in Chinese Herbology & Acupuncture
- Graduated from Beijing College of Traditional Chinese Medicine with over 24 years of experience including 5 years physician position in Beijing Hospital of Traditional Chinese Medicine

ACUPUNCTURE & HERB CLINIC

STRENGTHEN IMMUNE SYSTEM TO FIGHT CANCER

- Relieve Stress
 - Anxiety
 - Uterine Fibroid
 - PMS
 - Colitis
 - Chronic Yeast Infection
 - Depression
 - Insomnia
 - Ovarian Cyst
 - Menopause
 - Irritable Colon
 - Endometriosis
 - Headaches
 - Sinusitis
 - Infertility
 - Constipation
- Provider for Empire Blue Cross Blue Shield, Oxford, Cigna, Unicare, Health Net, HIP. Many other insurance plans are accepted. Aetna, United Healthcare, Guardian, NoFault.

CONTROL HYPERTENSION AND

- #### HYPER/HYPOTHYROIDISM WITHOUT MEDICATION
- Fatigue
 - Impotence
 - Hepatitis
 - Diabetes
 - Edema
 - Hair Loss
 - Acne
 - Eczema
 - Psoriasis
 - TMJ
 - Vertigo
 - Tinnitus
 - Lupus
 - Prostatitis
 - Sciatica
 - Neck & Back Pain
 - Rheumatoid Arthritis
 - Allergy
 - Asthma
 - Bell's Palsy
 - Weight Control
 - Tennis Elbow
 - Genital Herpes
 - Carpel Tunnel Syndrome
 - Hyper/Hypothyroidism
 - Quit Smoking & Alcohol
- 347 5th Ave, Suite 1509 NY (34th St) **212-779-0468**
 41 Upland Rd., Great Neck, NY (L.I.) **516-466-0967**
 drfengliang@verizon.net



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 New York, NY 10001
 Tel: (212) 564-3324

www.go2acupuncture.com

Dr. Decheng Chen
 L.Ac. Ph.D. (MD China)

Acupuncture & Chinese Herbs

- Licensed Acupuncturist & Herbal Expert
 - 20 years of experience
 - Professor of New York College of Health Professions
 - Published 11 Acupuncture books
- Pain management:** Migraine, headache, arthritis, pain of neck, shoulder, arm, upper and lower back, sciatica, leg
- Internal Diseases:** Allergy, asthma, fatigue, fibromyalgia, IBS, diabetes, obesity, depression, insomnia, gastritis, TMJ, tinnitus, prostatitis, impotence, constipation, strengthening immunity in cancer patients, quit smoking
- Female issues:** PMS, irregular menstruation-

menopause, infertility, IVF/ IUI support treatment, uterine fibroids, ovarian cysts

Beauty Rejuvenation: Removal of wrinkles, acne, warts, yellow spots, skin rash, vitiligo, hair loss, weight control.

The First Consultation Includes:

- Examination according to Chinese & Western Medicine
- Analysis of your body imbalances according to Chinese and Western Medicine
- Treatment plan based on Acupuncture & Chinese herbs
- Suggestion for diet, exercise and stress reduction (Certain insurance are accepted, including Oxford, Medicare))



Women's Natural Healthcare

Dr. Guoping Zheng
 OMD, Ph.D., L.A.C

- M.D., Ph.D. from China
 - NYS Lic. Acupuncturist, Over 25 Years Exp.
 - Professor at Pacific Institute of Oriental medicine in NYC
 - Acupuncture, Acupressure & Natural Herbs
- Dr. Zheng was awarded an M.D. Ph.D. of Traditional Chinese Medicine in China. She has spent eleven years studying both Chinese Medicine & Western Medicine and twenty years in clinical practice, specializing in the field of **Gynecology & Infertility**. She uses Acupuncture & Natural Herbs to regulate hormones, balance nerve system, improve energy level and regulate immune system.

• Infertility (male & female) & women's problems:

- IVF Support
 - Uterine Fibroids
 - Menstrual Disorder
 - sexual dysfunction
 - Cancer Support & Immune Support
 - Smoking
 - Allergies
 - Stress & Fatigue
 - Endometriosis
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 - Menopause
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apy. This will assist in a prominent release of backed up toxins laying dormant in your colon.

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Intestinal Cleansing and Detoxification with Kiva Process

JoAnne Greylen Asher, Director

Colonic Irrigation at its finest; disposable accessories, triple-filtered hyperactive oxygenated water; Kiva process, a new method that biologically cleans for greater detoxification and purified through ultraviolet sterilization.

Intestinal cleansing may eliminate years of accumulated toxic wastes and stop the unnecessary recycling of poisons that build up in the large intestine. Diluting toxic load may reduce stress on the liver, allowing greater functioning of the eliminating organs. The quality of water used is particularly important in this process.

It is Kiva processed to become soft and carries balanced electrolytes in conjunction with negative ions. The PH is balanced into a more natural state.

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- Lymphatic Drainage
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- Relaxes and Loosens Muscles, and Oxidizes Toxins
- Stimulates Vasodilatation of Peripheral Blood Vessels
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JoAnne Greylen Asher combines her twenty eight years of study in colon therapy, homeopathy, Reiki, polarity, her- bology, reflexology and massage, and brings to you a per- sonal and comprehensive approach to well being.

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If you would like more information about colon ther- apy please call or e-mail:

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The colon processes approximately 2 1/2 gallons of food, fluids and internal secretions every day! But what happens when this filtration system gets clogged? And what if it's never cleaned?

Set your intention: Clean out your body and your life. Dis-ease begins in your gut... constipation, diarrhea, bloating, skin problems, headaches, migraines, lethargy, depression, chronic fatigue, Irritable Bowel Syndrome.

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Featured in the New York Times, Oct. 29, 1999 (Metro Section), Article/photo.

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Masters Wu and Shen have participated in a study of qi-gong healing at the New Jersey Hospital in Newark, sponsored by the National Institute of Health, and in an on-going project on the nature of qi-gong at Mt. Sinai Hospital, New York. (Results published.)

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Rachel Mann is a Certified Colon Hydro-Therapist from The American Colon Therapy Association (A.C.T.A.). She has been treating individuals with colon cleansing for over 12 years. She comes with a wealth of experience as well as a clear understanding of all of her clients' needs so that they can experience a gentle and complete cleansing process.

Colon Irrigation is a very safe procedure. We use only filtered water and disposable materials, in a very clean environment. Colon cleansing removes debris from the system and alleviates

constipation, acne, rashes, allergies, worms and parasites, so a sense of well-being can be achieved. Weight loss is also accomplished with the removal of old waste from the colon. We also work with herbs: Wheat Grass, Acidophilus, Oxygen, garlic and Aloe Vera. We also work with candida-yeast infections, nail fungus, gas, bloating, skin problems and depression.

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When the colon is clean and healthy, we experience a feeling of well-being. When it is congested with stagnant waste, poisons back up into the system and pollute the inner environment. This is called auto-intoxication - literally, "self-poisoning."

Auto-intoxication may be a causative factor in numerous serious diseases. This pollution of blood interrupts waste removal at a cellular level.

According to some estimates, about 70 million people in America suffer from some kind of bowel problem: colitis, ileitis, diverticulitis, constipation, and 100,000 each year have a colostomy. Many people who aren't even aware they have a bowel problem are often in the worst condition of all.

When you are not eliminating properly, deposits of waste matter build up along the wall and in the pockets of the colon. This is why even a mild case of constipation is a very serious problem. When you are not eliminating properly, wastes may not leave for days. Material deposits along the colon wall may not leave for months or even years. Incredible as it may sound, these deposits of hardened fecal matter may get to be two or three inches thick and as hard as tire rubber.

These deposits are harmful. They make it difficult for the body to absorb minerals and nutrients through the intestinal walls.

Bowel problems cause nutritional deficiency no mat-

ter how good your diet or how many vitamins you take. The nerve endings in the colon get irritated and can lead to a spastic or inflamed colon.

Many colons today are pinched, prolapsed and over-irritated. Over-the-counter laxatives over-stimulate the tissues of your bowel, weakening the colon even further. And they still don't remove the hardened deposits. The same is true for ordinary enemas which merely wash out the fresh wastes.

By cleansing the colon of impacted and putrefactive fecal matter, colonics may offer relief from a variety of disturbances. Fatigue, gas, headaches, irritability, skin problems, cold hands and feet, and depression are among the symptoms people have found relieved by colon cleansing. Constipation is another. With colonic irrigation, your sense of well-being is often dramatically improved. You feel lighter, more energetic. The body can again take nourishment from food and defend itself against disease.

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Edward F. Hutton, DDS

Dr. Edward F. Hutton offers the finest dental care in an emotionally supportive environment. In addition to aesthetically superb cosmetic restorations of natural teeth, he is renowned worldwide for the unsurpassed quality of his gold inlays, crowns, and bridges. Dr. Hutton's numerous patients, which include international celebrities, all testify to his outstanding clinical skills and care.

Born in Russia, Dr. Hutton studied art history and art restoration at the University of Moscow, graduating with a PhD. and became an apprentice to the finest art restorer in Russia. He then decided to take up medicine at the prestigious Dnepropetrovsk Medical School and earned a dual MD and DDS degree.

He had begun to establish a name for himself as a specialist in facial plastic surgery when he left Russia and rooted himself anew in New York City, where he obtained his American DDS degree from New York University.

Bringing extraordinary artistic talent into medicine and dentistry, Dr. Hutton has acquired a reputation as the Carl Faberge of dentists. (Faberge was the jeweler to the

Russian court, famous for exquisitely fashioned art objects.) He combines superior cosmetic dentistry skills with a profound understanding of the nature of health.

The Consumer Research Council of America lists Dr. Hutton in its Guide to America's Top Dentists. The British Broadcasting Corporation recommends him to travelers as the best dentist in New York. (The BBC selects only one health-care specialist for each city.)

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Dr. Brand is a dentist for 29 years; she is also a Certified Nutritional Consultant, a Certified Hypnotist, and a Reiki Master Teacher. Her office is affiliated with the Holistic Dental Association, the Institute for Natural Dentistry, the International Academy of Oral Medicine and Toxicology (IAOMT), and DAMS.

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- teeth whitening/veneers
- implants

Dr. Esther Sheryl Rubin has been practicing dentistry for 21 years. She graduated from Columbia University in 1982 with a Doctorate in Dental Science and a Master's degree in Public Health. She presently holds a teaching position at Columbia Dental School and has been a guest on The Gary Null Show.

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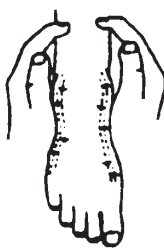
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Susan Holman M.A., incorporates State of the Art body mind integration techniques from both the East and the West to enable her clients to achieve excellence in their daily lives and to overcome life's challenges. She has received a Doctor of Clinical Hypnosis from Albert University and a Master's Degree from New York University. She is also certified in Rehabilitative Yoga, Sports Hypnosis, Reiki and Medical Hypnosis. Her goal is to assist in the integration of the client's creative mind with their analytical mind in order to reclaim their own personal sense of dignity, empowerment and grace. Radiant health and well being are attainable goals that everyone deserves.

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International Institute of Reflexology

Learn effective Reflexology to keep yourself and your family healthy or as a new career. Our classes will open the world of Reflexology to you and get you started with the right technique – the original Ingham method.

The late Eunice Ingham originated, researched and developed Foot Reflexology as it is known today, and founded the International Institute of Reflexology (IIR) now headed by her nephew, Dwight Byers.

At the IIR we've been training and certifying Reflexologists for over 60 years - and we're very good at it. The IIR certification is the standard in the field, both in America and internationally. In fact, just

about everyone teaching or writing about Reflexology today was trained by Eunice or Dwight or the people they trained.

CURRENTLY SCHEDULED 2-DAY PHASE I/II CLASSES:

Saturday & Sunday, August 15 & 16 – New Jersey

Saturday & Sunday, September 19 & 20 – City Island

Certification program available after required course of study. **For Information & registration call 718-885-0557**

website: www.reflexologyny.com

For private Reflexology sessions to balance and normalize your body call David Cook at **212-353-3659**.

METAPHYSICAL



Debra Huelsebusch
Psychic Medium

Psychic Rev. Debra Huelsebusch will meet with you for psychic intuitive readings and consultations. Some of the areas she works with is: Love, Relocation, Career, Family, Relationships, Spirituality, Past Lives, Aura, Spirit Guides, Angels, and Loved Ones who have crossed over. Rev. Debra takes a heart centered approach with her clients to help them uncover: inner resources, talents, and gifts that may be needed to maximize the outcome based on the

information obtained. Helping you see the higher guidance and bigger picture.

Rev. Debra Huelsebusch is a Spiritualist Minister and certified Intuitive Consultant and Séance conductor. She is a member of the American Board of Holistic Practitioners. She also offers Past Life Regression Sessions, Hypnosis, and NLP. Please contact her to set up your session. Phone number is **212-868-0810**. Websites: www.psychicpremonition.com and www.illuminateawareness.com.

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METAPHYSICAL • PSYCHOLOGY & THERAPY



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PSYCHOLOGY & THERAPY

Alicia Spiritual Healer



Alicia is a Reiki Master, Developmentalist and Educator. She has Masters from Columbia University in Psychology and from Bank Street College in Education. Alicia works with Spiritual Guides, Reiki Energy, Crystals and Drums.

Alicia's Practice: Combines the effectiveness of Psychotherapy Counseling with the Power of Spiritual Healing Energy.

Psychotherapy Counseling enables the client to bring unconscious thought patterns and behaviors to the conscious level, in the form of energy. Energies that were stored in the body during early childhood experiences and traumas i.e., sexual abuse.

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SHALA F. MATTINGLY is a member of The International Association of Counselors and Therapists.

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CALENDAR - Events Around Town

JULY

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BECOME A PSYCHIC PRACTITIONER. GENERATE EXTRA INCOME HELPING PEOPLE IN YOUR SPARE TIME! Attend a 3 hour evening workshop on Tuesday, July 28, from 6-9pm. For detailed information on the workshop, please visit www.7healingrays.com and click on Psychic Workshop. For reservation please call Qwest Bookshop 212-758-5521. Fee: \$60.

Fee Intro To Yoga Workshop, (Hatha & Prenatal Yoga). Sunday July 26th & August 2nd *10-12 Noon. Inviting men & woman of all ages & mothers-to-be. Enjoy the aromatherapy, tranquil ambiance & sounds of the soul as we explore the beauty & dynamics of breathing & moving. An open discussion will be held w/ Q & A, & demonstrations. Learn & participate w/ new techniques enhancing your energy & well-being. Come together w/ an open mind, your mat or comfortable towel & all questions & concerns. Leave relaxed w/ a Peace of Mind and a taste of Ultimate Wellness. Broadway Bound Dance Center- 66 New Hyde Pk. Rd. - Garden City 11530. Diana Giugliano - KashmirHands.com - Kashmirhands@aol.com

Sunday July 12th. Join Wilderness Women for a day of kayaking on Longisland's North Fork. Beginner / Intermediate adventure in the Peconic Bay. Be ready for stunning bay views, a good workout and excellent conversation. We are a safe-space group so please Lesbians and Bi- Women only. Call Julia at 631-294-2057 for time and other information.

The Moment Has Come. Could the current world crisis be the tipping point for transformation? According to author Benjamin Creme the answer is an unqualified Yes. In response to the world crisis a group of enlightened teachers, led by Maitreya, the World Teacher, have returned to the everyday world to inspire a great planetary transformation. You are invited to a thought-provoking talk by Benjamin Creme: July 25th, 2pm, FIT's Haft Auditorium, Building C, 7th Ave @ 27th St., NYC Free

AUGUST

Boys Noize/Drop the Lime, Dance Party. August 8, 3:00PM to 7:00PM. A mega-dance party led by the go-to party motivator and music producer extraordinaire. The plural in the artist's name is a little misleading, as Boys Noize is actually a solo project from producer Alexander Ridha. Fedet by artists such as Tiga, Erol Alkan, and Soulwax, the youthful Berlin-based producer creates a brash, maximalist music, sometimes recalling Daft Punk at their most boisterous moments. Ridha has also remixed tracks as diverse as Feist's "My Moon My Man," Depeche Mode's "Personal Jesus," Bloc Party's "Banquet," and Kaiser Chiefs' "Everyday I Love You Less And Less."

Morphoses/The Wheeldon Company, Contemporary Dance. August 14, 8:00PM to 10:00PM. An evening of dance and music that will feature a world premiere by choreographer Christopher Wheeldon, set to new music by Martha Wainwright. The critically acclaimed ballet company Morphoses/The Wheeldon Company premieres a new work. Performing alongside the dancers will be popular singer/songwriter Martha Wainwright, who has written an original, fifteen minute score for these two special performances at Central Park SummerStage.

ONGOING

Astrology Circle. Wednesdays, 7:30 - 9:30 pm. A.R.E. of NY, 241 W. 30th St. 2nd fl. 212-691-7690. Astrologically curious? Enjoy presentation, Q & A, discussion. First-timers receive free birth chart. Admission: \$10.

Ongoing Alternate Wednesdays. Reiki Healing Circle with Danya Rittenberg. Join this healing circle for meditation and mini-reiki treatments.. Alternate. Wednesdays, 6:30pm - 8:30pm, \$15. Location: East West Living - Books, Café, Yoga, Events. Yoga Studio, 2nd floor, 78 Fifth Ave. just south of 14th Street. New York, NY 10011. (212) 243-5994

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